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HOTEL LIHUE

(The Fairview)

Twenty-two elegant rooms
In Main Building
Three Airy Cottages
Cuisine unexcelled in country
districtsW. H. Rice, Jr.,
Proprietor**Souvenirs**We neatly pack and mail
Hawaiian Souvenirs.
Hawaii & South Seas Curio
Co.
HONOLULU.**Food Conservation Notes**FOOD CONSERVATION NOTES
MORE WAR BREADSBoston Brown Bread for Wheatless
Days.No Rye. The use of rye meal or
flour is no longer allowed on Wheat-
less Days, but we may still have our
Boston Brown Bread by substituting
barley flour for rye. The following is
a tested recipe, supplied by T. Sakoda:1½ cups barley flour, 1½ cups corn
meal, 1 cup grated raw Irish potato,
1 egg, ½ cup molasses, 1 tsp. salt, 1
tsp. soda, 1 cup milk. Steam for 3 or
4 hours.

Rice and Rolled Oats Bread.

Maul Recipe

Cook ½ c. of rice in 1½ c. of water.
Soak ½ c. rolled oats in 1 c. boiling
water. Mix together. When cool add
1 tb. sugar, ½ t. salt, 1 c. yeast, mix
well, add 6 c. flour. Knead and let
rise to twice the bulk. Make into loaves
and set to rise. Bake slowly. This
make delicious rolls.

Kula Bean Bread.

Maul Recipe

Cook 2 c. dry beans for 2 hours.
Drain, mash through colander (this
removes the hulls). Make a sponge
of 1 c. water, ½ c. yeast, 1 tb. fat, 1
tb. sugar, about 4 c. flour. Beat for 5
minutes, and put with a spoon into a
well greased pan. Let rise to twice
its bulk and bake.

Delicious Raisin Bread.

Mrs. C. Maser

2 c. rye flour, 1 c. wheat flour, 1 big
sweet potato (boiled and mashed), 1
egg, 1 tb. butter or 2 tbs. crisco, 1 c.
sugar, 1 c. yeast, 1 t. salt, 2 c. raisins,
enough milk or water to make the
right consistency for handling. Knead
thoroughly, add the raisins last, and
let rise over night. Knead again in the
morning, and make into loaves, let
rise again, and bake.

Squash Bread.

Ma Lum, Lihue Hotel

2 c. pumpkin or squash, mashed and
strained, 3 c. flour, 1½ c. water, 1 c.
yeast, 1 t. salt, 1 tb. lard. Add flour if
necessary for consistency.Two old-fashioned New England
corn meal recipes. Mrs. J. K. Farley.

Indian Meal Pudding.

1 pt. boiled milk, 2 tbs. corn meal,
1 salt-spoon salt, 1 c. molasses, butter
size of egg, 2 eggs added when mixture
is cool. Bake 15 min., then add
a little at a time, 1 qt. cold milk. Bake
about one hour.

Corn Meal Pancakes.

Stir 1 or 2 c. cream or milk into two
beaten eggs, add corn meal enough to
make thin batter. If the milk is sweet
add 1 t. baking powder, if sour, add
instead ½ t. soda dissolved in a little
warm water, ½ t. salt. Buttermilk is
the best to use, or add a little cream
to the sour milk. This recipe may
also be used for muffins, in which case,
beat the yolks and whites of the eggs
separately, adding the whites just at
the last.

Barley Cookies.

T. Sakoda

½ c. butter or crisco, ¼ c. milk, 3

eggs, 3½ c. barley flour, 1 t. soda.

Barley Sponge Cake.

U. S. Food Administration

4 eggs, 1 c. sugar, 1 c. barley flour,
1 tb. lemon juice, ½ t. salt. Separate
the whites and yolks of eggs, beat
yolks, add lemon juice and sugar, then
flour. Fold in well beaten whites of
eggs and bake in slow oven.

ECONOMICAL MEAT RECIPES.

Spanish Meat Balls with Corn.

Miss Hastie

1 lb. chopped beef, 2 beaten eggs,
1½ t. salt, ¼ t. pepper, 1 tb. butter or
drippings, 1 tb. flour, 1 minced onion,
1 minced green pepper, 2 sprigs parsley,
2 chopped tomatoes, 2 qts. boiling
water, corn meal. Method: Mix to-
gether the meat, eggs, salt and pepper
with enough corn meal to make a stiff
mass; shape into balls and roll in corn
meal. Melt the butter in a deep ket-
tle, add flour and vegetables, turn in
the boiling water, add 1 t. salt, drop
in the meat-balls, cover and boil gently
for forty-five minutes.

Meat and Rice in Casserole.

Miss Hastie

3 c. cold cooked meat, 1 t. chopped
parsley, 1 tb. bread-crumbs, 2 well
beaten eggs, 1 tb. lemon juice, 1 c.
sieved tomatoes, 1 t. onion juice, stock
or water to moisten, rice, steamed and
well seasoned. Method: Line a well
greased casserole with steamed or
boiled rice. Fill the center with a mix-
ture of the other ingredients, enough
stock or water to just moisten the
mixture. Season to taste. Cover the
mixture with rice, pour over ½ c. to-
mato sauce, cover and cook for fifty
minutes.

FOOD PLEDGE CAMPAIGN

RESULTS ON KAUAI

The Food Pledge Cards which were
circulated by the Women's Committee
on Kauai are now practically all in,
and bring the total number of house-
holds on the island pledged to sup-
port the Food Administration to 3478.
In every case it was sought to secure
the signature of the head of the fam-
ily—preferably the housewife. In
some cases, single, independent indi-
viduals were asked to sign. The num-
bers according to districts are as fol-
lows:

Hanalei	113
Kilauea	150
Kealia	358
Lihue	1069
Koloa	467
Eleele	435
Makaweli	499
Waimea and Kekaha	387
Total	3478

Lad Comes to GriefA lad of fourteen years, hailing from
Hanalei the Beautiful, was taken to
Honolulu on the last steamer, and will
be placed in the Industrial School dur-
ing his majority. If his behavior is
perfect, while there, he may be subject
to parole before his sentence expires.
He had been caught in several thefts,
and recently stole \$12 from a Japanese.
It is stated. A number of letters have
recently been missed from the Hanalei
post office, and the postmaster was
greatly puzzled to know how they
could have been abstracted. The lad
had a key to a postoffice box which be-
longed to his uncle. It developed re-
cently that he had been opening the
box to which he had the key, and ab-
stracting letters and packages from sur-
rounding boxes. He found in one of
the letters thus obtained a check for
thirty dollars. This he endeavored
to negotiate, apparently not being
aware of the fact that a check has to
be endorsed by the party to whom it
it made out. He was thereupon ar-
rested, and a number of crimes were
fastened upon him. We omit his
name, hoping that he may yet amend
his ways and become a useful citizen.**Japanese Teaches Holoholo**Waimea has for some time been
afflicted with a Japanese who has
been imposing upon a number of more
uneducated and trusting Japanese by
pretending that he was a kahuna nui,
with power to control the fates. He
has secured considerable money, it is
stated, in this manner. Recently he
was sought by a Japanese whose wife
had given evidence of failing mental
powers. The kahuna said he could
cure her, all right, but that his in-
structions must be followed implicitly.
He gave directions as to holoholo
(prayer) to the wooden idol, as to
diet, etc. One of his stipulations was
that he must sleep at the house for
seven magical days, and teach the
lady how to holoholo. He did so.
And the husband objected very stren-
uously to the peculiar methods which
the kahuna employed. He didn't shoot
the kahuna, but spoke in real loud
tones, and complained to the Deputy
Sheriff. It then developed that the
gentleman of occult and human ways
had been teaching a number of ladies
to holoholo. Judge Hofgaard sent the
kahuna fakir to jail for one good long
complete year.Probably for obtaining goods under
false pretences.**Food Conservation Rules**(Continued from Page 1)
and sell only in accordance with the
fifty-fifty rule.

Saturday, Porkless Day

Stores should not sell nor deliver
any pork nor pork products, such as
pork meat, fresh or canned, ham, bac-
con, sausage (pork), lard.Note.—Ordinary meat, such as beef,
mutton, and their products, can be sold
on Saturday, but not on Tuesday.All fish must be sold by the pound.
No exception to this rule.The price per pound must be posted
of each variety of fish for sale, so that
customers can easily see and under-
stand them.No exorbitant prices shall be al-
lowed.Fish should be purchased only from
licensed wholesalers or fishermen.

Sugar

Not more than ten pounds of sugar
to be sold to any one at any one time,
to retail customers.

Rules Regarding Sale of Fish

Any one breaking any of these rules
should be reported. It is your patri-
otic duty as much as it is for you to
obey the rules yourself.Report names of kickers and unpat-
riotic customers. They will be posted
as slackers.**New Arrivals**The following persons have register-
ed at the Lihue Hotel during the
week: D. B. Maconachie, Mrs. F.
Johnson, S. Lemke, George A. Show-
ers, M. H. Drummond, C. A. Franz,
T. J. Kresky, Mary A. Burbank and
R. S. Thurston of Honolulu, Dr. Gran-
P. Murray of New York and Miss
Katherine Graham of Santa Clara,
Calif.Captain Ross, master of the schooner
Retriever, which entered Honolulu
harbor last week, is a brother of
Frederick Ross, who was in the years
ago manager of a plantation on this
island. Later he took up land at Olua,
on Hawaii, and for twelve or fifteen
years was a coffee grower there.**TIP TOP THEATRE**

Tuesday, Mar. 5

The popular, fascinating, character star, ELSIE FERGUSON
—IX—**"Barbary Sheep"**

BY ROBERT HICHENS

A spectacular romance of the Arabian desert, embodying one
of the greatest settings ever attempted in the Motion Picture
industry.

Thurs. Mar. 7, - Tip Top

AMERICA'S SWEETHEART

Mary Pickford

IN A TRUE-TO-LIFE PICTURIZATION OF

Rebecca of Sunnybrook FarmLITTLE MARY'S CROWNING ACHIEVEMENT IN HER
CHARACTERIZATION OF AMERICAN CHILDHOOD.

Saturday March 9 - Tip Top

VIVIAN MARTIN

IN

"Little Miss Optimist"THE CHARMING VIVACIOUS LITTLE STAR IS AT HER BEST IN THIS BEAUTIFUL
AND THRILLING PHOTOPLAY OF LOVE AND SACRIFICE.

6th Chapter of "THE FIGHTING TRAIL"

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"Barbary Sheep" program will also be shown at—

KOLOA, WED., MAR. 6; WAIMEA, FRIDAY; MAKAWELI, SATURDAY;
KEALIA, MONDAY.

"Rebecca of Sunnybrook Farm" Program will also be shown at—

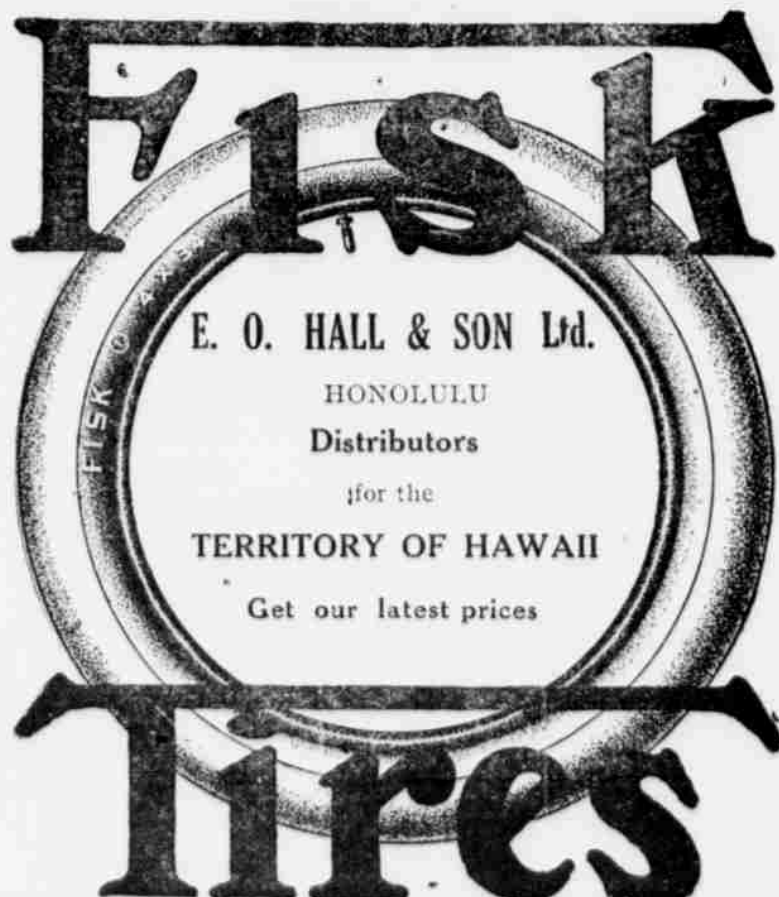
KAPAA, FRIDAY, MARCH 8; KOLOA, SAT. WAIMEA, MON. MAKAWELI,
TUES. ELELE, WED. KEKAHA, THUR.

"Little Miss Optimist" Program will also be shown at—

KEALIA, FRI., MAR. 8, KAPAA, MON., KEKAHA, TUES., MAKAWELI, THUR.

WHY PASSPORTS?The ruling of the State Department
that all travellers bound for Hawaii
must henceforth procure passports,
place, Hawaii is a territory of the Uni-
has an ominous look. In the first
ted States, and the necessity for pass-
ports would under all ordinary or nor-
mal conditions, not exist. The order
would seem to indicate that "the Gov-
ernment at Washington" has some rea-
son for supposing that the conditions
are not normal. It would seem to in-
dicate that there is some movement ex-
pected. Or that some enemy alien is
making plans for an attack upon Ha-
waii. We cannot afford to enquire too
closely, or at least should not be too
ready to censure the government for
measures adopted during war time.
The probability always exists that the
Government knows what it is doing,
and has reasons therefor.It now transpires, however, that pas-
sengers from the coast have not yet
been subjected to such restrictions,
though John H. Clegg, recently ap-
pointed Superintendent of Queens Hos-
pital, was detained in New York for
twelve days in order to secure a pass-
port.If this order prevails, it will very
materially injure the tourist business,
and result in great inconvenience to
passengers on the mainland who desire
to return to the islands. Honolulu res-
idents now in the East have found it
necessary to cable home for their natu-
ralization papers, to prove their citi-
zenship.

What does it mean?

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